



Practising Compassion

Listening for the Heart

SR KRISTEN ALKEMA

Death and **Life** are in the power of the tongue,
and those who love it will eat its fruits.

► **Proverbs 18:21**

A gentle tongue is a **tree of life**,
but perverseness in it **breaks the spirit**.

► Proverbs 15:4

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**Listening for
the Heart.**



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The purposes in a man's heart are like deep water,
but a man of understanding will draw it out.

► **Proverbs 20:5**



A word fitly spoke is like apples of gold
in a setting of silver.

► **Proverbs 25:11**

The Goal of Listening

- Is to bring gospel hope to the sinner and sufferer.

Begin with your Position

- **You are Deeply Needy:**
This brings you **alongside**

Begin with your **Position**

- ▶ **You are Deeply Needy:**
This brings you **alongside**
- ▶ **You are Deeply Loved:**
You can bring the comfort you have received

Listen as God Listens

Trust in Him at all times, O people; pour out your heart before Him...

- ▶ **Psalm 62:8**

Pay Attention!

The eyes of the LORD are toward the righteous, and His ears toward their cry.

► **Psalm 34:15**

Listening is Obedience & Restraint

Be quick to listen, slow to speak...

► **James 1:19**

If one gives an answer before he hears, it is his folly and shame.

► **Proverbs 18:13**

Draw out the Heart

The purposes in a man's heart are like deep water, but a man of understanding will draw it out.

► **Proverbs 20:5**

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The Emotion Iceberg



Be Curious, Not Furious

Be quick to listen, slow to speak, **slow to anger.**

► **James 1:19**

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Be Curious, Not Furious

- ▶ **Are you teaching that silence and withdrawal is safer than honesty with you?**

Be Curious, Not Furious

- ▶ **Are you teaching that silence and withdrawal is safer than honesty with you?**
- ▶ **Resist defensiveness and withdrawal**

Accuracy Matters

Rejoice with those who rejoice,
weep with those who weep.

► **Romans 12:15**

Reflect and Check!

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**Listen to heal not to harm.
Listen to make Jesus known.**

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